



The **Hawai'i Aging and Disability Resource Center** helps older adults, individuals with disabilities, and family caregivers find options for long term supports and services available to them in the State of Hawai'i. We also offer outreach, education, and a helpline for information, consultation, and referrals.

How can the ADRC help:

- Provide you with information and assistance about services and supports in your community
- Offer options counseling to meet your needs
- Develop a plan to address your needs
- Assess what services may be needed to support you or your loved one to live at home for as long as possible.

Services & Supports

- Adult Day Care
- Attendant Care
- Caregiver Counseling
- Caregiver Respite
- Case Management
- Congregate Meals
- Disease Prevention and Health Promotion Services
- Participant-Directed Care
- Home Delivered Meals
- Homemaker
- Housing Assistance
- Legal Assistance
- Personal Care
- Recreation, Leisure, Physical Fitness
- Transportation

STATEWIDE TOLL-FREE PHONE NUMBER
(808) 643-ADRC [808-643-2372]
TTY: (808) 643-0889

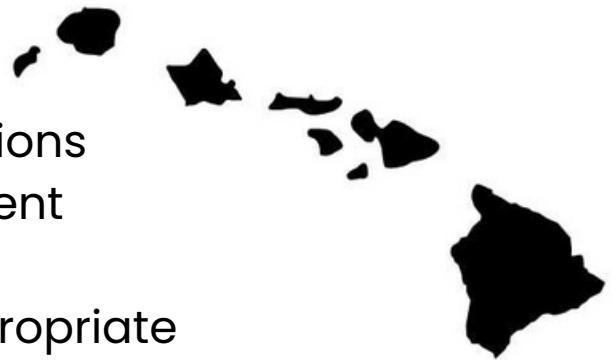


General Eligibility

- US Citizen or a qualified alien
- 60 years of age or older
- Not reside in an institution
- Not be covered by any comparable government or private home and community-based services
- Has functional impairments

What to Expect

1. Phone call with brief intake questions
2. Schedule interview and assessment
3. Determine eligibility
4. Referral to service provider if appropriate



When you call, please be ready to provide information about:

- The level of care you need
- The supports you currently have
- Your financial situation

Our team will guide you through the next steps and let you know what is needed.

Local ADRC Phone Numbers

Hilo – (808) 961-8626
Kona – (808) 323-4390
Maui – (808) 270-7774
Moloka'i – (808) 553-5241
Lāna'i – (808) 565-7114
Kaua'i – (808) 241-4470
O'ahu – (808) 768-7700