

Announcing Zoom Series Workshop:

**For Caregivers, Families, Friends and Advocates
and Persons Living with Memory Loss**



Dorothy Colby is a Certified Positive Approach to Care™ (PAC) Trainer and national Mentor, with more than 25 years of professional and personal experience caring for people with dementia and training caregivers. The PAC trainings created by Teepa Snow share dementia care techniques that provide essential information for unpaid and professional caregivers on how to have a positive and meaningful relationship with loved ones living with all forms of dementia. Dorothy is Director of Community Engagement for Hale Ku'ike Memory Care Homes at Nu'uuanu, Bayside & Pali locations. She is also a graduate of the Culinary Institute of the Pacific. She currently serves on the Hawai'i Chapter of Les Dames d'Escoffier, a philanthropic organization supporting women in the culinary and hospitality industries.

Dining with Dementia

Techniques to Bring Joy to the Table

Tuesday, December 2, 2025, 10-11:30am

Dorothy's presentation will cover:

- How dementia affects eating and drinking skills
- Striking a balance between nutrition and personal preference
- Hydration challenges
- Noticing changes and making accommodations
- Setting the table for success
- Tips for modifying foods for easier eating
- Holiday care partner tips

Advance Registration is required at this link:

<https://www.eventbrite.com/e/dining-with-dementia-techniques-to-bring-joy-to-the-table-tickets-1973068777828?aff=oddtcreator>

The Zoom link will be sent after registration on Eventbrite.

Sorry, no CEs or certificates are available for this presentation.

For questions about the workshops or you need help registering, please contact:

Jody Mishan, (808) 295-2624 or jmishan@hawaii.rr.com

Our sponsors:



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